



Why this Book:

It's Significance: Basically, the book will enable you to imagine & to act on the powerful idea that your best just got better every single day

What productivity expert Jason Womack will teach you:

- Working longer hours doesn't make up for a flawed approach to productivity and performance.
- You can reposition and clarify your habits, build mindset-based strategies, and be proactive.
- Using Workplace performance techniques will offer you specific strategies that will consistently and incrementally improve your performance.

The Most Do-able Action-ables in the Book:

Part One – Work Smarter

Chapter Three – Page 49 – Improvement and Time [Get the Most from 1% of Your Day] Page 65 has the most helpful content of this chapter
Capture and act on the “Three Influences on Our Productivity”

Part Two - Think Bigger

Chapter Seven (7), Page 129 - Improvement and Purpose [Clarify & Promote Your Own “So That”] Whole chapter but see page 151, Stop Doing List

Part Three – Make More

Chapter 8 – Improvement & Feedback – [Knowing How to Ask for it & What to do with it] Page 172 will help you recognize what is effective feedback

Selection and Distillation of Book Content by:
AutomotiveDigest.com; 310 265-2225, www.automotivedigest.com